



Week 2 Winter Menu

<i>Monday</i>	<p><i>AM Snack: Strawberries and Pancakes</i> <i>PM Snack: Carrot Sticks and Crackers</i></p> <p>Macaroni cheese with petit pois <i>Da Ce</i> <i>(red Leicester, mild & mature cheddar cheese, cream and milk)</i></p> <p>Honeydew melon and apricot cocktail <i>(Cut into bite size pieces)</i></p>
<i>Tuesday</i>	<p><i>AM Snack: Grapes and Breadsticks</i> <i>PM Snack: Bagels and Cucumber slices</i></p> <p>Roast Oakvale ham, roast potatoes, baton carrot and swede <i>Cel</i> <i>(Stock made from chicken wings, vegetables, garlic and herbs)</i></p> <p>Vegetarian Orange jelly <i>(made with fresh squeezed oranges)</i></p>
<i>Wednesday</i>	<p><i>AM Snack: Cheese and Crackers</i> <i>PM Snack: Banana rolled in crushed cornflakes</i></p> <p>Spinach, vegetable & lentil Curry with basmati rice <i>Ce Cel</i> <i>(Carrot, spinach, lentils, tomatoes, onions, mushrooms, celery)</i></p> <p>Semolina with strawberry puree <i>Da Ce</i> <i>(Milk & cream)</i></p>
<i>Thursday</i>	<p><i>AM Snack: Apple and Strawberry Kebabs</i> <i>PM Snack: Yellow peppers and breadsticks</i></p> <p>Shepherd's pie with cut green beans <i>Cel Da</i> <i>(Lean minced leg of lamb, carrot, mushroom onions celery, herbs, and melody potatoes)</i></p> <p>Plum, pineapple and watermelon cocktail <i>(Diced fresh plum and melon with pineapple pieces)</i></p>
<i>Friday</i>	<p><i>AM Snack: Pears and Carrot Slices</i> <i>PM Snack: Ritz Crackers and Raisins</i></p> <p>Fish Fingers, potato waffles and beans <i>Ce, Fi</i> Chocolate sponge cake served with custard <i>Eg</i></p>

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Crustaceans (prawns, crab, lobster) **Eggs**, **Fish**, **Peanuts**, **Soybeans**, **Dairy**, **Nuts**,
Celery, **Mustard**, **Sesame**, **Sulphur dioxide**, **Lupin**, **Mollusc** (clams, mussels, whelks,
oysters, snails)

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